

WELCOME
TO THE FIRST ISSUE OF THE
ARNI
E-NEWSLETTER (ANL)

FEATURES

- ❖ ABOUT ARNI
- ❖ VISION & MISSION
- ❖ NEWS HUNT
- ❖ ANNOUNCEMENT
- ❖ RESEARCH

FROM THE DESK OF EDITOR'S



This Newsletter encourages Nurses to think differently and helps to gain more nursing field updates.

To accomplish this task editor worked hard and text concerning areas those are undergoing rapid and complex changes in Nursing Profession.

I have tried to meet the increasing demands of Nursing Field to teach & to learn in an environment characterized by rapid change, enormous amounts of information in less time.

The information in this newsletter incorporates information from numerous disciplines.

JONILS MACWAN



ABOUT ARNI NEWSLETTER (ANL)

Welcome to the first issue of the ARNI E-Newsletter (ANL), a triannual publication that includes information highlighting nursing services in Indian Railways - the Railway Nursing Community of ARNI will receive a downloadable PDF via email or on official website <http://arnirailways.com> that can be distributed to others. Share this newsletter to other ARNI members. The issue may include interviews, Nursing professional activities, challenges, information & many more interesting articles.

The ANL is a medium for the ARNI-community to share information. Each edition will include various highlighted nurses' news and articles with pure evidenced studies. If you have had a great presentation, let us know & we will include it in a later edition of the newsletter.

We hope that you enjoy reading each issue of the ANL. This publication is for you, if you have a suggestion for an article just let us know. As always, if there is anything we can do to help you, if you have any question regarding the work of ANL, Please contact us through the information presented on the

WHY BECOME A MEMBER OF THE ASSOCIATION OF RAILWAY NURSES OF INDIA (ARNI)?

- ♣ ARNI provides every Railway Nurses a special strength & voice at National Level.
- ♣ ARNI renders lobbying on issues important to Nursing & health care- issues such as 7th pay commission adequate pay structure, safe staffing, Continuing Nursing Education, nursing workforce development, scope & practice & access to care.
- ♣ Representing nursing where it matters, speaking for nursing through the media, ARNI monitors & responds to issues relate to Nursing fraternity.
- ♣ Take part in grass root advocacy effort that let our elected official hear your commitment on issues important to Nursing Profession.

'Always sit within the patient's view, so that when you speak to him he has not painfully to turn his head round in order to look at you'

MESSAGE FROM ARNI PRESIDENT

Dear Friends & Respected Seniors,

It is great opportunity to start ARNI E-News Letter on the occasion of International Nurses Day 2016. You all congratulate for this. Specially I am very thankful to our news letter editor Mr Joinis Macwan, Vadodara for his unified efforts by designing this news letter.

Yours

Ghewer Chand
General Secreatray/ARNI



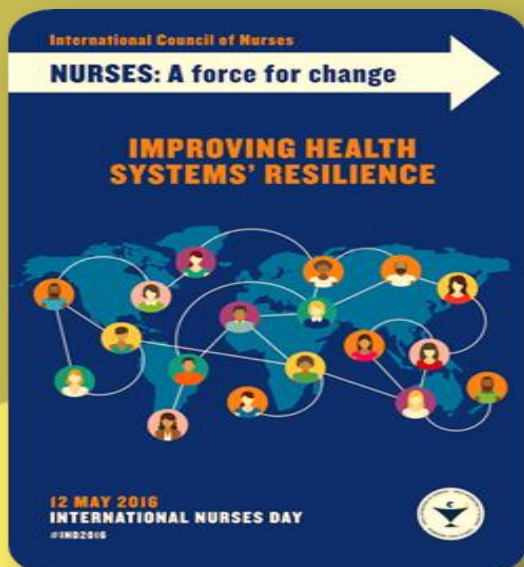
MESSAGE FROM ARNI GENERAL SEC.

Dear Friends,

This is my immense pleasure to write in the first E-News letter on ARNI. I am very grateful to all of you for your support. Our power is our unity friends be unite because "Together we can Achieves More" on this basis can do a lot of things and will becom succeed one day.

Your

Sunil Kumar Yadav
President / ARNI





Association of Railway Nurses of India



ARNI NEWSLETTER VOL.-1, ISSUE NO. I (JAN- APR 2016)

OUR VISION

ARNI IS THE PROFESSIONAL VOICE OF ALL REGISTERED NURSES IN INDIAN RAILWAYS.

OUR MISSION

ARNI IS COMMITTED TO PROMOTING EXCELLENCE IN NURSING.

PUBLICATION

THE ARNI E- NEWSLETTER SCHEDULE FOR 2016

ISSUE-I JAN, FEB, MAR, APR
ISSUE-II MAY, JUN, JUL, AUG
ISSUE-III SEP, OCT, NOV, DEC

GUIDELINES FOR ARTICLE DEVELOPMENT

The ANL welcomes articles for publication.

There is no payment for articles published in The ANL.

- 1) Articles should be Microsoft Word using a 12 point font.
- 2) Article length should not exceed five (5) pages 8 x 11.
- 3) All references should be cited at the end of the article.
- 4) Articles should be submitted electronically.

ABOUT ASSOCIATION OF RAILWAY NURSES OF INDIA (ARNI)

Association of Railway Nurses of India (ARNI) is an association of Railway Nurses of all Railway Hospitals. ARNI's Major aim is to fight for Railway Nurse's right & for their Welfare. Indian Railways has 17 Zonal Railways along Kolkata metro railways with its 9 Zonal Hospitals, 56 divisional, 37 sub divisional hospital & 586 health units in its setup and providing medical & nursing facilities to 65 lakhs working and retired railway employees.

At zonal railways there is a central hospital with all specialties and facilities & Divisional & sub divisional hospitals to provide in patient health services and outpatient services at health units to all working & retired railway employees and their families

- ⇒ In these central, divisional & Sub divisional level hospital nurses are the pillar of health care delivery system by giving strength through their work and care.
- ⇒ The output of a contented and healthy worker, who is relieved of mental and financial worries on account of his own or some family member's sickness, will be better and more conducive to the efficient running of Railways.
- ⇒ There are around 6,500 nurses giving their services to railway employees and their families in all over Indian railway hospital.
- ⇒ There is no separate administrative set up in Indian Railways for nursing cadre whose are in no of 6500 across all railway hospital in India.
- ⇒ The health directorate in railways has all administrative set up for doctors only which are just 2000 across all railway hospital in India.

This is the really injustice to the nursing cadre of Indian Railways. At all levels of health care, grass route to technically advancement, there are endless examples of contributions of nursing services that brings down the family's cost on health care and maintenance. So there should be a separate administrative set up for nurses in Indian railways.

OUR VALUES

- ❖ Modeling professional nursing practices to other Nurses
- ❖ Adhering to the *Code of Ethics for Nurses*
- ❖ Becoming more recognizably influential as an association
- ❖ Unifying nurses
- ❖ Advocating for nurses
- ❖ Promoting cultural diversity
- ❖ Promoting health parity
- ❖ Advancing professional competence
- ❖ Promoting the ethical care and the human dignity of every person



Happiness is when what you think, what you say, and what you do are in harmony.



NURSING NEWS HUNT

1. Historical Movements in Indian Railways:

More than 8 railway zones' nursing professionals of central hospitals, divisional hospitals, and dispensary joined their hands and protested under the banner of ARNI & AIGNF.

Nurses working in Government Hospitals across India have decided to intensify their agitation to protest against anomalies in the 7th Pay structure.

Programmes were planned with anticipated positive consequences and as "Unity is strength", Nurses won their battle after a long hard protest. Minister of Health and Family Welfare personally ensures and accepted all demands of nurses and also assures to send same recommendations to 7th pay commission empower committee.



2. Nursing college regains recognition from council

Jaipur: After 14 years, Sawai Man Singh (SMS) nursing college regained recognition of Indian Nursing Council (INC). Similarly, after a long gap of 53 years, the number of seats in the nursing college has increased from 60 to 100 for general nurse midwifery (GNM) course in the college.

3. India Ascertaining Reports of 4 Nurses Being Gunned Down In Yemen on March, 2016.

4. Critical Care Summit: India Face Acute Shortage Of Nursing Staff, Says Panel.

5. Delhi Government Transfers Tihar's 26 Women Nurses After Molestation Complaint.

6. Nurses' strike put on Hold

After Health Minister's assurance. A decision to postpone the strike was taken by the AIGNF after a meeting with Health Minister in New Delhi. All 10 members of the negotiation committee authorized by the federation, were present in the meeting. Nearly, 3000 city Nurses from Association of Railway Nurses of India, GMCH-32, GMSH-16, ESIC Hospital, under the banner of AIGNF, have been protesting for fulfillment of their demands, which include a starting grade of Rs. 5400 instead of Rs. 4600 as proposed by the 7th pay commission; payment of risk allowance & non-practice allowance, night allowance, conveyance allowance & full pay for Children Leave.

7. Kuwait's Ministry of Health (MOH) has agreed to recruit nurses from India through India. Government's e-migrate system of recruiting nurses for its hospitals.



If you salute your duty, you need not salute anybody. But if you pollute your duty, you have to salute everybody.



RESEARCH

RESEARCH CORNER

Nursing Research

- 1) **Professional practice models for nurses in low-income countries: an integrative review** conducted by Njoki Ng'ang' and Mary Woods Byrne in Aug 2015.
- 2) **Establishing Good Collaborative Research Practices in the Responsible Conduct of Research in Nursing Science** study conducted by Connie M. Ulrich, PhD, RN, FAAN, Gwenyth W PhD, RN in 2015.
- 3) **Detection of Common Respiratory Viruses and Mycoplasma pneumoniae in Patient-Occupied Rooms in Pediatric Wards** study conducted by Wan GH, Huang CG et al in April 2016.
- 4) **Nurses' practice environment and satisfaction with schedule flexibility is related to intention to leave due to dissatisfaction: A multi-country, multilevel study** conducted by Leinewel Chungkham HS et al.

OTHER RESEARCH STUDIES

- 1) **Targeting the AKT pathway: Repositioning HIV protease inhibitors as adiosensitizers** conducted by Jayant S. Goda, Tejaswini Pachpor et al in Feb.2016.
- 2) **Antiretroviral pre-exposure prophylaxis: A new opportunity to slow HIV spread in India** study conducted by Kenneth H. Mayer, Nomita Chandhiok et al Feb.2016.



"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

LATEST ANNOUNCEMENTS

- ♣ Development & Implementation of software for Nurses registration and tracking system (NRTS)-Signing of Agreement between INC & NICS/NIC.
- ♣ 2-yr course to upgrade nurses to care staff the introduction of nurse practitioners in the public health system has been a recurring theme in most stock-taking exercises in India.



"Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing." – Mother Teresa